



# The People of God

August 2025

845 Chestnut St. at Ninth, Escondido, CA 92025

760.743.1629 [www.trinityescondido.org](http://www.trinityescondido.org)

## A Message From Fr. Tom



Building a Christian Life, part 2. Spending time with God.

Last month I wrote briefly about Building a Christian Life and the Holy Habits that can contribute to that life. This month I want to talk about building a Christian Life as a matter of setting aside time to be with God.

We're busy. Even if we are retired and not particularly active, we are busy because life demands things of us. And there will always be something more important for us than stopping to pray or taking a moment to be in the presence of Jesus. And it's not that prayer and Jesus aren't important to us, but it's that we're hardwired to do, to be active and productive, and we're not hardwired to simply sit and be. Simply sitting and being is a challenge for us.

Sitting still, being quiet, being present—it's not easy. But it is exactly in these moments when something shifts. It's in the stillness that we recharge. It's in the quiet that we can finally let go and let God. And it's in those moments at Jesus' feet that we come to understand something radical: that we don't have to be anything in particular to be loved by God. We are loved simply because we *are*.

It seems that right now, more than any time in the last 25 years in which I have been a minister, people are anxious and stressed by things going on in our country. There is a heaviness, and many people are unsure about what's to come and how our country and world are going to be in the future. And it weighs on us to think about people whose lives are being affected, especially the vulnerable, the weak and the poor. And I think our political climate affects every single one of us. Which is why it's particularly important now to keep touching in with the base of our faith, and keep going back to sit

at Jesus's feet, to keep being there with him, with God, in moments when you are reminded that you are loved, that God is here, and that we can be light and peace and joy and hope for the world.

We Christians have been called for difficult times, and the God we believe in has seen people through difficult times. And my encouragement to you is to just practice, is regularly to give yourself to sitting there at Jesus's feet doing nothing. As it says in Psalm 46, "Be still and know that I am God." My encouragement is to take some time when you can to be still so that we can know that God is God, and that our fears and anxieties and stress and concern are not God. To know that the faceless agents of the government are not God. Is to know that destruction and chaos and fear are not God. But that we have a God, and that God is love, and that God wants to share that love with us.

Can you take time this summer to be present to that love? Can you sit for a few moments each day to be in the presence of that love? It will do so much more to be in the presence of God's love than trying to figure out how to solve the problems of the world. Perhaps after you've had some time with God, then you will be inspired to go out and change the world. But I have found that if I'm not first taking the time with God, then everything else is difficult.

My prayer for you is that you have prayer in your life, and that despite how busy you feel like you are, that you can set aside time to do something really good for yourself - be with God. Pray. Adore. Worship. Study. Just sit at Jesus's feet, like Mary does in the Gospel.

If you would like to talk more about praying with God, or praying in general, please let me know.

Blessings, happy summer, and keep up the hard work of being a faithful Christian.

Warmly yours,

Tom



# Answering the Call

## A Message from Your Senior Warden By Leila Sackfield, Senior Warden

As we move toward the end of summer and look ahead to a new season in the life of our church, I invite you to take a few moments to reflect and prayerfully consider whether you might be called to a leadership role at Trinity.

Let's be honest: many of us shy away from the idea of leadership in church life. We tell ourselves we're not "that kind of person," that we don't have the time, or that someone else would surely do a better job. But I want to challenge those assumptions, because I believe every one of us has something valuable to offer, in fact, I know so and here is how you can answer the call.

### Step 1: Recognize Your Gifts

Sometimes we forget or perhaps have never taken the time, to reflect on the gifts God has given us. Scripture tells us, "*Now there are varieties of gifts, but the same Spirit ... To each is given the manifestation of the Spirit for the common good.*" (1 Corinthians 12:4, 7)

Our Trinity family is filled with organizers, encouragers, singers, teachers, gardeners, flower arrangers, quilters, cooks, handymen and women, woodworkers, storytellers, caregivers, thinkers, doers, and visionaries. Some are financial experts; others simply know how to bring people together. Every one of these gifts is worthy of sharing—and each has a place in the body of Christ.

### Step 2: Believe You Can Be a Leader

Another common roadblock is the fear of failure. What if I'm not good enough? What if I don't know what I'm doing? Let me assure you, leadership at Trinity never happens in isolation. When you step forward, you are never alone. You will be supported, encouraged, mentored, and prayed for every step of the way. Our Rector is a gifted listener and communicator, and your fellow church leaders will walk alongside you.

We at Trinity *stand together* in this place as we answer God's call to serve. As it says in Philippians 4:13, "*I can do all things through Christ who strengthens me.*"

### Step 3: Trust That God Will Make Time

Then there's the biggest excuse of all: "I just don't have the time." Believe me, I understand this one deeply. I confronted the same notion many times. But time and again, God has proven me wrong. Somehow, there is always enough. When we make space in our hearts to serve, God makes space in our calendars.

We've all heard the saying, "*If you want something done, ask a busy person.*" The truth is, when we commit our time to doing God's work, He multiplies it in ways we can't explain.

### A New Season Approaches

As summer winds down, the vestry will begin a season of discernment. We will be prayerfully seeking new members to serve on the vestry for 2026 and considering people for various leadership roles in the life of the parish. Both the Junior and Senior Wardens (myself included) will be cycling off, and new leaders will be needed to continue the good work God is doing at Trinity.

So, I ask you—yes, *you*—to consider taking the first step. Reflect on your gifts. Listen for God's call. Trust in His provision. And say "yes" to leadership, knowing that you will be supported, encouraged, and surrounded by a loving community of faith.

Leadership at Trinity is not about perfection or having all the answers. It's about showing up, serving faithfully, and allowing God to work through you.

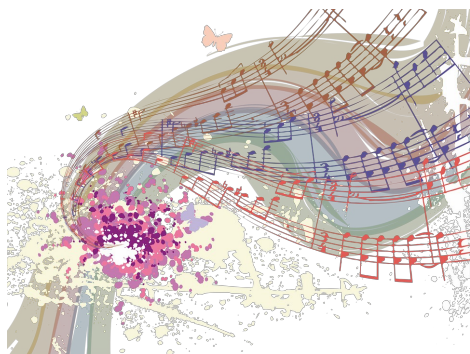
Will you take stock of your gifts, and answer the call to lead?

Faithfully,

Leila Sackfield



## Do You Love To Sing?



If you answered yes to this question, have you considered joining Trinity's Parish Choir? Now would be an excellent time to start pondering that possibility. Joining any organization can be scary, considering that all the

folks who are already there know each other and work hard to accomplish a certain task. But hey ... the choir is a fun and satisfying bunch of people to hang out with. Granted, we do sing a lot of music and have fairly short lead time for rehearsals, but there is safety in numbers.

If you can read music, even a little bit ... or want to learn (note ... it is not rocket science), you will be most welcome to join us. We will start the fall rehearsals in mid-September and rehearse each week on Wednesday evenings. Don't worry if you must be away occasionally ... I am away all summer!!!

Email our director, David Lewis, if you want more information or to report your excitement about being a new part of our wonderful Music Ministry.

[directordavid@gmail.com](mailto:directordavid@gmail.com)

619-537-904



## Creation Care

### Bottles and Cans Fundraiser

We are nearing \$750.00 for all the bottles and cans you have been bringing to church on Sundays. Thanks so much!

New news: WE WILL NO LONGER BE TAKING CRV GLASS BOTTLES. Please do not bring them to church any longer. But do recycle them in your blue curbside bin at home. Better yet, you can return them for cash yourselves and have a little home-based project to do. Great project for kids. Then, of course, you can buy an ice cream cone or bring your redemption money to drop in the offering plate!

There are several reasons for discontinuing. Primarily, the glass often breaks and poses a hazard to those handling the recycling. Also, the bins are very heavy and difficult for those of us "more mature" recycling people to move around.

**Editor's Note: Little Free Pantry:** Apologies for the upside-down photo in the last newsletter. Upside-down or right-side up, though, the pantry has been a wonderful outreach for our neighbors. It has been well-used and greatly appreciated!

Kim Billman – Vestry Member



## Samaritan Team Ministries

Glorious good mid-summer to everyone! I say mid-summer, but the season of summer is actually going by very quickly – we’ve all been so busy! And more things are in store for this last month of summer. Here are some of our highlights:

- **LET’S TALK! The Samaritan Team wants to hear from all of YOU! Each Sunday from August 24 through September 14**, the members of the Samaritan Team will be serving as a personal “channel” for *your* ideas and inputs to the Team as we plan for the new church year that begins in the Fall (see the next bullet item for details on this). What this mean is that on **these four Sundays**, you can **approach ANY member of the Samaritan Team** and tell us your ideas for potential projects or ministries for service and outreach. Specifically, we want to hear new ways or ministries that will allow Trinity to better serve our neighbors and those who are in need in our community. And we mean *any* neighbors, and *any* part of our community. Don’t worry about how “wild” you think your idea might be – we’d like to hear your creative thinking. ***So how will you know who to talk to?*** Each of those four Sundays, the **members of The Samaritan Team will be wearing a black shirt and a tag that says “I’m a Samaritan! Talk to Me!”** You can “buttonhole” any Samaritan Team member at coffee hour, before church, when you’re mingling in the narthex or outside on the portico, wherever. Give us as much as you can. *We can’t promise that we will enact every idea we hear*, but we will take them all in, and we’ll consider them in our strategizing for the coming year. After all, many heads are better than a few, and most importantly..... we are ALL Samaritans.
- **NEW DATE: Samaritan Team Annual Planning “Retreat” is coming on September 21.** Back in July, we announced plans for The Samaritan Team to hold our first Annual Planning session, or “retreat” so that our Team can do some “big picture” planning and setting of priorities and

our ministry calendar for the next church year (i.e., when things start up again after the summer). We ended up having to postpone it because of busy summer calendars. But now it’s been re-scheduled, and it’s ON. The Samaritan Team has several successful, very stable on-going ministries and annual projects that we intend to continue. But we think we are ready to “take the next leap” in making our community service and advocacy work even stronger and more “out front” than it is today. We especially are interested in *increasing participation by Trinity folks* in our existing and future Ministries. This retreat will be important in helping us be the most effective hands and feet of Christ in our community. Anyone is welcome to join this session who is interested in the Samaritan Team or in helping us figure out how we can serve Trinity and our community even better. We’ll meet on **September 21**, starting after church at about **noon**, and going until about **4:30 PM**. We’ll finish with a special “celebration supper”. **The exact room is still TBD**, but we will be meeting at Trinity. Note: If you plan to attend and aren’t part of the Samaritan Team already, please let Jan McDaniel or Helen Joline know ASAP so that we can ensure we have enough snacks and food and supplies for everyone.

- The **Turk Center Dinner Ministry** continues twice a month, **on the second and last Thursday of each month** For August, our “dinner and dessert” dates are
- **August 14 and August 28.** If you are interested in this Ministry, or think you might want to volunteer, get on our email list! Getting our sign-up email doesn’t obligate you to volunteer, but you can’t even think about it if you don’t get the email! We promise, no spam. So contact Jan McDaniel at [jan.mcdaniel@gmail.com](mailto:jan.mcdaniel@gmail.com) or call 760-670-7455, and we’ll get you connected!



## Samaritan Team Ministries (cont'd)

- “**Sack Lunch Sunday**” is still happening every month, usually on the first Sunday of each month. For **August**, the date is **Sunday, August 3**. It's so much fun to see everyone *laughing and having a really fun time getting sticky fingers making PB&J sandwiches, and packing sack lunch “brown bags”!* So, stay around at **Coffee Hour on August 3rd** and get in on the fun of making sack lunches – you'll be glad you did. If you have any questions or want to help, contact one of our organizers: **Faith Much, Cindy Kratz, and Sandra Robinson**, all members of our Samaritan Team.

And as for **the Samaritan Team** itself, we are always open to folks who would like to join us in creating and performing Service and Outreach ministries at Trinity. The Samaritan Team *usually* meets on the **third Sunday of every month right after church, in the Dove Library (starts at about 11:30,**

**ends in one hour).** Come learn more about the ongoing Ministries and projects at Trinity that serve our neighbors in need. Just grab your coffee, and bring your curiosity and your IDEAS on SERVICE and OUTREACH. Everyone is welcome. **PLEASE NOTE: In August, we'll be meeting as normal, on the third Sunday, August 17. For September, however, we will *not* hold our regular meeting, but will be holding our Planning “Retreat” instead on that date.**

Jan McDaniel and Helen Joline  
Coordinators for The Samaritan Team Ministry

Helen's Cell # 970-946-0471

Jan's cell # 760-670-7455

[bitsyjoline@gmail.com](mailto:bitsyjoline@gmail.com)

[jan.mcdaniel@gmail.com](mailto:jan.mcdaniel@gmail.com)

## Trinity Women's Group

Inviting all the women of Trinity to join us on August 30th at 10:00 am in the Dove Library for the Trinity Women's group. We will enjoy each other's company and if you feel called to, bring urgently needed women's hygiene products, pads, tampons, deodorant or ChapStick to donate to Interfaith Community service. Contact Faith Much at 760-809-2016 if you have any questions.

Thanks

Faith Much – Vestry Member



ICS Food of the Month - Please bring any non-perishable food to Trinity. The need is especially urgent.  
This month's highlighted item: **macaroni & cheese**





## Do You Know Dave & Mary Frost?



Mary is a lifelong Episcopalian. David was baptized and confirmed in 1980. We were parishioners at St. Bartholomew's Church in Poway for over 30 years. We started attending Trinity a couple of years before the pandemic started. Mary's parents were also parishioners, like other members of Escondido's Redwood Terrace. Our son and daughter-in-law had their wedding ring blessed by Rev. Carolyn Richardson in the summer of 2018. We have two children. Lindsay and her family live in Davis, CA. Chandler and his family live in Boston, MA.

Ten Questions for the Frosts asked for this interview:

**#1 Where did you grow up?**

Mary - Altadena, California

Dave - Although born in Vermont, David grew up in Manasquan, New Jersey, on the Shore. We met in college. Mary was a co-ed at Goucher College in Baltimore (an all-girls institution way back then). Dave was a Midshipman at the U.S. Naval Academy.

**#2 Favorite travel destinations?**

Dave - Places where we have *not* been. We would also like to visit the Holy Land one day.

Mary - Any place to gather with family.

**#3 Best way to decompress?**

Mary - Face-timing with our distant grandchildren. An early morning walk.

Dave - A steady state row at sunrise.

**#4 Favorite Movie?**

Dave - "Chariots of Fire"

Mary - Anything uplifting.

**#5 Recently Read Book and Enjoyed?**

Mary - "The Personal Librarian" by Marie Benedict and Victoria Murray

Dave - "How We Got to Now" by Steven Johnson

**#6 What is on your Bucket List?**

Dave - Winning a rowing race at the Henley Royal Regatta.

Mary - To keep on enjoying life.

**#7 Why is it important for you to give back?**

Dave - Churchill was right—"It is what you give that makes a life."

Mary - There is so much to be done in our world.

**#8 Who has positively impacted your life?**

Dave - Carl Ullrich, former Head Rowing Coach, USNA.

Mary - My college professors in Education.

**#9 How has Trinity Escondido impacted your lives?**

We have found a home. Mother Meg's past homilies, like Father Tom's in the present, set us up for challenges and opportunities in life.

**#10 What are a few tips, tricks, or hacks to share for living in faith?**

Dave - probably said in prayer 500 times, "If I miss the mark, give me the courage to try again."

Mary - Treat your neighbor well and always choose kindness.





## **“Trinity 101” Met in July**

On July 10, a group of newcomers, Vestry members and ministry leaders gathered after church for a meeting of "Trinity 101." Years ago, Trinity 101 was established as a way to welcome people who are new to the church. This was the second time we have met since Father Tom has been with us. On Sunday, people gathered in the sanctuary, they introduced themselves and shared their names, how long they had been attending, and where they normally sit for the service. Father Tom and other experienced members talked a little about the history of the building and different ministries that make up Trinity. We discussed the features of the sanctuary, and participants shared which part of the church was their favorite, and why.

Following that, we moved to the Parish Hall and enjoyed a lovely lunch prepared by Teri MacDonald and Patty Stein - thank you both. It was a great gathering, and we welcome to our community the newcomers who joined us.

If you are new to Trinity, we would love to have you join us at the next gathering. Please watch the announcements for our next Trinity 101.







## Trinity ToyMakers

Yo Trinity ToyMakers! It's about 120 days until Christmas, and you know what that means! It's time to start to work. We will have two Saturday work-days in August on the 2nd and 9th. Then in September we will start working most Saturdays here in the Fallbrook Workshop. We have already had one work-day in July, so we already have a start.

We have work for every skill level: sanding, painting, shellacking wheels, painting little people, and lots of other tasks. If you want to work on cradle contents i.e. mattresses, quilts, rag dolls, and pillowcases, contact Dru Cowles, she will get you started. Celena will be passing out the little people to be painted to fill the busses, so see her at church.

This is our 25th year of toy making. Our toys are well made and will last a long time, and further, be a gift for a child that might not otherwise have a gift for Christmas. I have always said about our toy making that it is not only a wonderful thing we do for children, but in working together, we know and love each other all the more as we work together.

Come join us!

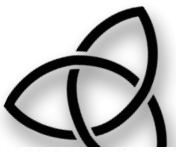
Chief Elf, Joe Stanford











# Holy Curiosity

## August 2025

*9am in the Parish Hall*

*August 3- Can you ever feel satisfied with what you have? Cindy Dodson*

*August 10 - What is faith and what does the Bible say about faith?*

*August 17 - What does it take to have a good spiritual influence on someone?*

*August 24 - What can and cannot be done on the Sabbath?*

*August 31 - What does a Deacon do in the Episcopal Church? With Archdeacon Cindy Campos*



## Trini-Tea

Trini-tea for newcomers picks up again in September. This time, however, it will be in the Parish Hall following coffee hour, rather than at the Stein-Cartford home. For those of you holding out for a gathering that you don't have to drive to, this is the one for you.

Please RSVP to Patty Stein at 760-975-7997 or Jonathan Cartford.

Hope to see you there!

Patty

**Date:** Sunday, September 7, 2025  
**Time:** ~1230pm, following coffee hour,  
until ~2:30pm  
**Location:** Trinity's Parish Hall



Trinity Sunday School will begin again on Sunday, September 7, 2025. Children from 6 to 12 years old are invited to join us. This year we will learn about people in the Bible, memorize Bible verses, sing songs, and participate in arts and crafts.

For more information, please contact Lynda Pflueger at [lyndapflueger@gmail.com](mailto:lyndapflueger@gmail.com).

### Financial Report

**Annual Budget: - Balanced - 0**

**June 2025:**

Income (YTD)	\$160,743
Expenses (YTD)	\$162,693
YTD Net Income	\$-1959



*the People of God*

*August 2025*

# MILESTONES

## Birthdays

- 1 George Cholaki
- 2 Meg Decker, Jackie Miley
- 3 Teri MacDonald, Judy Simon, Mel Waterhouse
- 5 Ginny Thomas
- 6 John Nonomura, Kelly Mahon
- 7 Mike Chartrand
- 10 Laura King
- 14 Andrea Evering
- 15 Bill Salomone
- 16 Julie Fischer
- 17 Anni Jessup
- 19 Mary Meurs, Dana Stanford
- 20 Ethan Sackfield
- 21 Patty Stein
- 23 Mervyn Parrott
- 26 Cheryl Kronenberg, Ed Turrentine, Michael Boggan
- 27 Judy Godfrey, Harley Earwicker
- 28 Madeleine Kinsel
- 30 Neal MacDonald
- 31 Laura Elliot



## Anniversaries

- 2 Steve & Ruth Barry
- 8 Mervyn & Freddie Parrott
- 15 Jim & Jan McDaniel
- 18 Rick & Leila Sackfield, Ken & Dottie White
- 21 Mike & Petey Dietz
- 24 David Hogland & Karen Campbell
- 25 Rev. Carolyn Richardson (Ordination)

*If you don't see your special date listed here, please contact the office at 760.743.1629 or [office@trinityescondido.org](mailto:office@trinityescondido.org) to give us the details.*

**Trinity Episcopal Church**  
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[www.trinityescondido.org](http://www.trinityescondido.org)

### Office Hours:

**Monday** 9:00-Noon

**Tuesday** 9:00-Noon

**Wednesday** 9:00-Noon

**Thursday** 9:00-Noon

## STAFF

<b>Rector</b>	<b>Tom Callard</b> office: ext 102
<b>Pastoral Assistant</b>	<b>Carolyn Richardson</b> 858.610.4684
<b>Music Director</b>	<b>David Lewis</b> 760.724.8781
<b>Administrator</b>	<b>Sessy Cruz</b> office: ext 101
<b>Bookkeeper</b>	<b>Sabrina Harris</b> 760.743.1629

## VESTRY

**Senior Warden**  
Leila Sackfield ('25)

**Junior Warden**  
Ron Smith ('26)

Pat Bavender ('28)  
Kimberly Billman ('27)  
Jonathan Cartford ('26)  
Beatrice Gadzekpo ('28)  
Helen Joline ('27)  
Joe Stanford ('26)  
Tim Thomas ('28)  
Tasha Thompson ('27)  
Mel Waterhouse ('27)

Molly Smith  
Clerk

**Treasurer**  
Ange Dee

## MINISTRIES

**Website**  
Dave Cowles

**Trinity Bells**  
Joe Stanford

**Altar Servers**  
Megan Smith

## SUNDAY SERVICE

**Morning Service** 10:00am  
In Person and Live Stream

<http://www.facebook.com/Trinityescondido>  
or go to the website:  
[www.trinityescondido.org](http://www.trinityescondido.org)

**Newsletter Editor**  
Jackie Miley

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For more information, including a complete list of our ministries and ministry leaders, please go to our website at: [www.trinityescondido.org](http://www.trinityescondido.org)

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